

The Word According to

# GEN 1

A 30-Day  
Devo Challenge

*The Word According to*

**GEN 2**

A 30-DAY DEVO CHALLENGE



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# The Authors



**Carl Hooper** is an enthusiastic, chicken-nugget-loving follower of Jesus who is the unofficial official spokesperson for *Sunday Cool Tees*. His videos have had millions of views, and are all created to benefit youth ministries across the globe. He is simply the best.



**Brock Hooper** is not only Carl's "too cool for school" cousin, but he's also the face of the Gen Z community. He's known for his supreme ability to translate modern day English into the Gen Z lingo and is surprisingly well versed in theology.



**Andy DeNoon** is a content coordinator for *Sunday Cool Tees* from Whitefish, MT. He currently lives in Mount Dora, Florida with his wife, Kelsey, and two children, Demi and Zola. He considers himself an expert on chicken wings, *The Office*, and has a passion for pursuing Jesus.



**Josh Hooper** is the content manager for *Sunday Cool Tees* and twin brother to Carl. He lives with his wife, Lily, in central Florida where he was born and raised. His passion is to share the gospel through any means necessary, using the platform God has given him.

# Introduction

We're excited for you to be holding this devotional. Why? For one reason: it's all about God's Word. If you want to dive deeper, challenge yourself, and strengthen your relationship with the Scriptures while finding a little humor along the way, then this is the devotional for you. The book began with a video series we created that went viral in early 2019. The idea was simple: take the words in everyday life and Bible verses we have all heard before and translate them into funny and sometimes made up Gen Z lingo. Now, we are here taking the translations to another level and diving into the Word with a huge emphasis on just that: the Word. Over the next 30 days, you'll find three separate sections focusing on three pivotal parts of God's Word. The first is the reverence of God's Word. *Why should it be respected and held in high regard?* The second is the ministry of the Word. *How does Scripture meet us where we are and make us whole?* The final section will focus on application. *How do we take what we read and put it into action?* We are excited that you picked up this book because we know it's a great next step to discovering God through the devotion to and pursuit of His words.

*Awake Early and Praise the Lord*

A Song, a Psalm of David.

MY heart is steadfast, O God;  
I will sing, I will sing praises, even with  
my soul. *glory*

2 Awake, harp and lyre;  
I will awaken the dawn!

3 I will give thanks to Thee, O LORD,  
among the peoples;  
And I will sing praises to Thee among  
the nations.

4 For Thy lovingkindness is great above  
the heavens,  
And Thy truth reaches to the skies.

5 Exalted, O God, above the heavens,

# How to Use

We encourage you to approach each day the same way.

Before you begin each devo, ask God to show you something you haven't seen before. Ask Him to teach you a lesson you desperately need. Don't go into it with an agenda, low expectations, or preconceived notions. Approach the text with one purpose: to know God better.

Each day, you'll have one verse that goes with the section's theme translated into the GZT (Gen Z Translation—our made up translation). If it doesn't make sense to you, don't worry. That's kind of the point.

We will follow that up with the ESV translation, which is one of the best translations when it comes to being theologically precise and easy to read. The GZT is the best for entertainment purposes.

We would encourage everyone to have a physical Bible open when you go through the daily devo. None of the devos are super long, so make sure to read over each one well, taking in every word. Intentionally focus on what you're reading.

At the end of each devo, you'll find a list of biblical references we used to help write the devo or that we think will help you in your study. Feel free to read these to enhance your experience in the Word.



SECTION 1: THE REVERENCE OF GOD'S WORD

# Day ONE

GEN Z TRANSLATION

Since Day Uno there  
was Cap G. Big I  
was chillin with Cap  
G. And Big I was  
Cap G.  
John 1:1

## ESV TRANSLATION

*In the beginning was the word. The word was with God and the word was God.*

### HERE'S THE TEA.

It's tough to think about what happened before we were born. There was a time when people didn't have cars, electricity, TV, or YouTube. But it's even more difficult to think about what will happen when we die. We ask: *What will the world look like? Will people miss me? What about my family?* It can be tough to admit how small the part we play in this whole world really is. John shares that Jesus (the Word) was there before us. He had no beginning. He was there before the world was formed, and yet we feel Him missing in our lives at some of our lowest moments. We sense a hole in ourselves that we see as loneliness and seclusion. It can surround us and make us question, "Is God here? Does He even care?" The answer is yes. Sometimes we feel that hole because we aren't running after God. Sometimes it's because of trauma or hardships. But maybe God sometimes allows us to see that hole so we will realize how much we need Him and His words.

**Focus on the enormous world God has created. Remember He values you and has since the beginning.**

IF YOU WANT TO KNOW MORE

*Gen. 1; Ps. 90:12; Prov. 16:9; Eccl. 3:11*

**1. Write out John 1:1.**

**2. What crosses your mind when you think of your time on earth?**

**3. Write down three words that come to mind when you start to realize how big God really is.**

## TODAY'S FOCUS:

# Time

There's nothing wrong with catching up on your favorite show, but it is worth thinking about where we invest our time most consistently. If Jesus were alive today, how much Netflix do you think He would watch? How much time do you think He would spend on social media? How do you think Jesus would spend His time?

**Challenge yourself today to focus on how you're spending your time.** Keep track of it and evaluate it. How could you change your normal routine so you might make God's Word a constant focus throughout your day?



WATCH  
TODAY'S  
VIDEO

SECTION 1

# Day TWO

GEN Z TRANSLATION

Cap G's wordz are  
one hundo, straight up  
slicing and dicin' and  
knowin' it all.

Hebrews 4:12

## ESV TRANSLATION

*For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.*

## HERE'S THE TEA.

When you were a little kid, you were bound to fall and hurt yourself. And with that comes scratches and scars. Scars are reminders of a time when something pushed hard enough against you to physically tear you open and leave a mark. When a surgeon cuts into his patient, we know it will ultimately leave a scar. It will hurt, but we know the process is necessary for healing. God's Word is everywhere we look and is actively transforming even the hardest of hearts, leaving a lasting impact on those who have given themselves up to Him. Is God's Word truly active in your life? Is there evidence? God's words are so powerful that, if you let them, they can cut through to the deepest and most guarded parts of your character. We run to Jesus because, much like that surgeon, Jesus has the ability to save lives. But only Jesus can transform and save someone through His words alone.

**Focus on how God's Word can pierce your heart and spirit.**

IF YOU WANT TO KNOW MORE

Ps. 19:1-14; 2 Tim. 3:16-17



TODAY'S FOCUS:

# Living and Active

If we could X-ray your heart, what do you think we would see?  
Would you be okay to see everything it contained?

God's Word cuts deep and has the ability to look into your heart, giving you the gift of discernment, faith, and so much more. So how will you open yourself up today to His Word?

**Focus on allowing His Word to transform you today.**



WATCH  
TODAY'S  
VIDEO

SECTION 1

# Day THREE

GEN Z TRANSLATION

I got your holy  
scripts padlocked in  
my chest thumper.

Psalm 119:11

## ESV TRANSLATION

*I have stored up your word in my heart, that I might not sin against you.*

### HERE'S THE TEA.

Have you ever seen the safe at a bank? They are large and seem indestructible. If there is anywhere to keep valuable items, that would be the place. But think about how ridiculous it would be if you found out that, inside one of those massively secure safes, was something worthless. What if the safe held old clothes, bags of ramen noodles, or nothing but cheap furniture? Why would someone keep such useless items in a place so precious and secure? Well, this verse says David stored up God's Word in His heart. I'm no doctor, but I would say the heart is one of the most, if not *the* most, important parts of a person's body. So, if you were to store something inside, shouldn't it be valuable? Worthwhile? This is how we should see the words of God. His words are so holy that they deserve to be guarded in the most important place. If we fill our hearts with things of God, then our actions and thoughts will follow. We will leave less room for lies, bad habits, and selfish thoughts.

**Be intentional about what you store up in your heart. Pay close attention to what you are prioritizing in your life right now.**

IF YOU WANT TO KNOW MORE

*Prov. 30:5-6; Matt. 6:19-21; 2 Tim. 3:16*



## TODAY'S FOCUS:

# Store Up

Whether we realize it or not, we are all filling our hearts with either things of value or items that are worthless. Consider people you look up to and admire. What do you think they are focusing on in order to flourish and grow closer to Christ?

**Choose one practical way to keep your focus on filling your heart with God's Word today.**



WATCH  
TODAY'S  
VIDEO



Since Day Uno there was Cap G. Big I was  
chillin with Cap G. And Big I was Cap G.

John 1:1

Translation:

In the beginning was the word. The word was  
with God and the word was God.

HERE'S THE TEA: Life started with God's Word.

But the Bible isn't boring or outdated—life *still* starts with God's  
Word. It actively transforms us. It pierces our hearts with truth.  
His Word empowers us with confidence to live for Him.

Over the next 30 days, the guys at *Sunday Cool* will guide you  
through unique daily devos with verses translated into Gen Z  
lingo. You'll learn about the reverence, ministry, and application  
of God's Word. You'll also see how Scripture isn't just about  
reading, but deep study and enjoyment  
of the very God who created you.

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